PRODUCT INFORMATION

One capsule typically provides: Starflower Oil of which:

1000mg

- Gamma-Linolenic Acid (GLA)

220mg

INGREDIENTS: Starflower oil (borage) (antioxidant: citric acid); capsule shell: gelatine, glycerine; antioxidant: mixed tocopherols (natural vitamin E).

DOES NOT CONTAIN: sugar, salt, starch, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

STARFLOWER
OIL

1000mg high in GLA cold pressed

90 capsules

STARFLOWER OIL 90 capsules

1000mg

DIRECTIONS: Take 1 capsule a day, with a meal, or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STARFLOWER OIL (borage) is a rich source of GLA, a precursor for the body's production of prostaglandins which regulate many body functions. Each capsule contains, on average, 220mg GLA per capsule.

This bottle has a UV filter. Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect

the product quality.



HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com