

PRODUCT INFORMATION

One tablet typically provides:		%RDA*
Vitamin C	1000mg	1250
Rosehips	50mg	

* **RDA** = Recommended Daily Allowance

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

INGREDIENTS: Ascorbic acid, bulking agent: natural *Lithothamnion calcarea*; rosehips powder, coating: hydroxypropyl methylcellulose (glycerine)*; anti-caking agents: stearic acid*, magnesium stearate*, silicon dioxide. *(vegetarian source)

Glucose is used in the manufacture of the Vitamin C.

DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

ROSEHIPS C 1000

vitamin C
1000mg

90 tablets
VEGAN
FOOD SUPPLEMENT

ROSEHIPS C 1000 **90 tablets**
vitamin C & rosehip supplement RC1090

- ✓ Vitamin C contributes to normal immune system function.
- ✓ Vitamin C contributes to normal collagen formation for the normal function of bones, cartilage, teeth, gums, skin and blood vessels.
- ✓ Vitamin C increases iron absorption.

DIRECTIONS: Take 1-3 tablets a day, with meals, or as your health professional advises. A daily multivitamin is also recommended. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK
www.highernature.com



RCI-079-05