PRODUCT INFORMATION One tablet typically provides: %RDA\* Vitamin C 1000mg Rosehips 50mg

\*RDA = Recommended Daily Allowance More than 1000mg of Vitamin C may cause mild

stomach upset in sensitive individuals.

INGREDIENTS: Vitamin C (as ascorbic acid), bulking agent: natural Lithothamnion calcarea; rosehips powder, anti-caking agents: magnesium stearate\*. stearic acid\*, silicon dioxide; coating: hydroxypropylmethylcellulose (glycerine)\*. \*(vegetarian source)

Glucose is used in the manufacture of the Vitamin C. DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans. This product is not tested on animals.



## HIGHER NATURE®

## ROSEHIPS C 1000

vitamin C 1000mg

30 tablets VEGAN **FOOD SUPPLEMENT** 

## ROSEHIPS C 1000 30 tablets vitamin C & rosehip supplement

√ Vitamin C contributes to normal immune system function.

✓ Vitamin C contributes to normal. collagen formation for the normal function of bones, cartilage, teeth,

gums, skin and blood vessels. ✓ Vitamin C increases iron absorption.

**DIRECTIONS:** Take 1-3 tablets a day, with meals, or as your health professional advises. A daily multivitamin is also recommended. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. This bottle has a UV filter. Keep out of reach of children, Ensure lid is tight and store in a cool, dry. steam-free environment as damp conditions can affect the product



HIGHER NATURE Burwash Common, East Sussex, TN 19 7LX, UK