

PRODUCT INFORMATION

One tablet typically provides:		%RDA*
Vitamin C	1000mg	1250
Rosehips	50mg	

*RDA = Recommended Daily Allowance (new 2009 value)

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

INGREDIENTS: Vitamin C (as ascorbic acid), bulking agent: natural *Lithothamnion calcarea*; rosehips powder, coating: hydroxypropyl methylcellulose (glycerine)*; anti-caking agents: stearic acid*, magnesium stearate*, silicon dioxide. *(vegetarian source)

Glucose is used in the manufacture of the Vitamin C.

DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

ROSEHIPS C 1000

vitamin C
1000mg

30 tablets
VEGETARIAN
FOOD SUPPLEMENT

ROSEHIPS C 1000 **30 tablets**
vitamin C & rosehip supplement RC1030

DIRECTIONS: Take 1-3 tablets a day, with meals, or as your health professional advises. A daily multivitamin is also recommended. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter.
Keep out of reach of children.
Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



RCI-079-05

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