#### PRODUCT INFORMATION

One tablet typically provides: Vitamin C

Rosehips

1000mg 50mg %RDA\* 1250

\* RDA = Recommended Daily Allowance

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

INGREDIENTS: Vitamin C (as ascorbic acid), bulking agent: natural Lithothamnion calcarea; rosehips powder, anti-caking agents: magnesium stearate\*, stearic acid\*, silicon dioxide; coating: hydroxypropyl methylcellulose (glycerine)\*. \*(vegetarian source)

Glucose is used in the manufacture of the Vitamin C DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

## HIGHER NATURE®

# ROSEHIPS C 1000

vitamin C 1000mg

180 tablets VEGAN **FOOD SUPPLEMENT** 

## ROSEHIPS C 1000

### 180 tablets

#### vitamin C & rosehip supplement

DIRECTIONS: Take 1-3 tablets a day, with meals, or as your health professional advises. A daily multivitamin is also recommended. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.



RCI-079-05

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com