

PRODUCT INFORMATION

Two capsules typically provide:		%RDA *
Niacin (vitamin B3)	20mg NE	125
Folic acid	100µg	50
Vitamin B12	20µg	800
Pantothenic acid (vitamin B5)	200mg	3333
Phosphatidyl serine	30mg	
Choline	260mg	
Arginine pyroglutamate	200mg	
Acetyl-L-carnitine HCl	100mg	

*RDA = Recommended Daily Allowance (new 2009 values)

INGREDIENTS: Choline bitartrate (anti-caking agent: silicon dioxide); capsule: hydroxypropyl methylcellulose (carrageenan)*; calcium d-pantothenate, L-arginine pyroglutamate, acetyl L-carnitine HCl, phosphatidyl serine-rich lecithin (from soya) (anti-caking agent: silicon dioxide); anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate*; niacin (as nicotinamide), folic acid, methylcobalamin. *vegetarian source

Glucose is used in the manufacture of this product.

DOES NOT CONTAIN: sugar, salt, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®
PREMIUM NATURALS

ADVANCED BRAIN NUTRIENTS

WITH VITAMINS B3, B5 & B12
TO SUPPORT MENTAL PERFORMANCE

90 capsules
VEGETARIAN
FOOD SUPPLEMENT

ADVANCED BRAIN NUTRIENTS

90 capsules
QAB090

DIRECTIONS: Take 2 capsules once or twice a day (children over 8 years, 1 a day), with meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

- ✓ Vitamin B5 contributes to normal mental performance.
- ✓ Vitamins B3 & B12 contribute to normal psychological function.
- ✓ Vitamins B3, B5 & B12 contribute to reduction of tiredness and fatigue.
- ✓ Vitamin B5 contributes to normal synthesis and metabolism of some neurotransmitters.

This jar has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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