

PRODUCT INFORMATION

Two tablets typically provide:

Vitamin C	1000mg	%RDA* 1250
Zinc	5mg	50
Blackcurrant fruit 4:1 extract (min. 2% anthocyanidins)	50mg	
Bilberry standardised extract (2% anthocyanidins)	50mg	
Black elderberry standardised extract (2% total flavonoids)	80mg	

*RDA = Recommended Daily Allowance (new 2009 values)

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

INGREDIENTS: Vitamin C (as ascorbic acid), bulking agent: microcrystalline cellulose; black elderberry std. ext. (2% total flavonoids), blackcurrant fruit 4:1 extract, (min. 2% anthocyanidins), bilberry std. ext. (2% anthocyanidins), bulking agent/coating: hydroxypropyl methylcellulose; flow agent: vegetarian magnesium stearate; zinc citrate, anti-caking agent: silicon dioxide.
std. ext. = standardised extract

DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®
PREMIUM NATURALS



IMMUNE +



**VITAMIN C WITH ZINC,
BLACKCURRANT & ELDERBERRY**

**90 tablets
VEGETARIAN
FOOD SUPPLEMENT**

**IMMUNE +
vitamin C with zinc,
blackcurrant & elderberry**

90 tablets
QIM090
108

DIRECTIONS: Take 2 tablets 1-3 times a day (children over 8 years, 1-2 a day), with meals, or as your health professional advises. Do not exceed recommended daily intake.

ADVANCED NUTRITION COMPLEX is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Vitamin C and zinc support a strong immune system.



QIM-272-04

This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK