

## PRODUCT INFORMATION

One capsule typically provides:

Theanine 100mg

**INGREDIENTS:** L-theanine, capsule: hydroxypropyl methylcellulose (carrageenan)\*; bulking agent: cellulose; anti-caking agents: silicon dioxide, magnesium stearate\*. \*(vegetarian source)

**DOES NOT CONTAIN:** sugar, salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

**Suitable for vegetarians and vegans.**

**This product is not tested on animals.**

**Hypo-allergenic formula.**



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®  
PREMIUM NATURALS

THEANINE  
100mg



60 capsules  
VEGETARIAN  
FOOD SUPPLEMENT

THEANINE 100mg 60 capsules  
QTH060

**DIRECTIONS:** Take 1-2 capsules a day (children over 8 years, 1 capsule a day), between meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Theanine is an amino acid found in green tea.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK  
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