

PRODUCT INFORMATION:

One tablet typically provides:
Methyl sulphonyl methane (MSM) 1000mg

INGREDIENTS:

Methyl sulphonyl methane, natural lithothamnion calcarea; bulking agent: microcrystalline cellulose; coating: hydroxypropyl methylcellulose (glycerine); anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate*.
*(vegetarian source)

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, sugar, wheat, yeast.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

Suitable for vegetarians and vegans.

This product is not tested on animals.



higher nature

MSM DIETARY SULPHUR

ULTIMATE NUTRITION

FOOD SUPPLEMENT

180
tablets

MSM

✓ Dietary sulphur, which is needed for collagen and keratin production.

✓ Key component of cartilage.

DIRECTIONS:

Take 1-6 tablets (children over 8 years, 1 tablet) a day, with meals, building gradually, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING:

Initially may cause laxative effect. This is normal, drink water and reduce intake if symptoms persist.

MSM180
115



MSM-055-05

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