

PRODUCT INFORMATION

One capsule typically provides:

		%RDA*
Vitamin C	12.5mg	16
Niacin (vitamin B3)	15mg NE	94
Vitamin B6	5mg	357
Folic Acid	60µg	30
Vitamin B12	5µg	200
Iron	1.25mg	9
Magnesium	25mg	7
Zinc	2.5mg	25
Copper	250µg	25
Manganese	1.25mg	63
Tyrosine	500mg	

*RDA = Recommended Daily Allowance (new 2009 values)

INGREDIENTS: Tyrosine, magnesium citrate, capsule: hydroxypropyl methylcellulose*; niacin (as nicotinamide), vitamin C (as ascorbic acid), anti-caking agent: magnesium stearate*; ferrous gluconate, bulking agent: natural *Lithothamnion calcarea*, zinc citrate, anti-caking agent: silicon dioxide; pyridoxine hydrochloride, folic acid, manganese citrate, copper gluconate, cyanocobalamin. *(vegetarian source)

DOES NOT CONTAIN: salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated



HIGHER NATURE®
PREMIUM NATURALS

DRIVE!

WITH B VITAMINS AND COPPER
FOR ENERGY & VITALITY

30 capsules
VEGETARIAN
FOOD SUPPLEMENT

DRIVE!

30 capsules

- ✓Vitamins B6, B12 & C, niacin, folic acid and copper support normal energy-yielding metabolism.
- ✓Vitamins B6 & B12, niacin and folic acid help reduce tiredness and fatigue.
- ✓Zinc supports normal cognitive function.

DIRECTIONS: Take 1-2 capsules on rising in the morning, or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Not advisable if pregnant or in cases of melanoma, schizophrenia, high blood pressure or if taking MAO inhibitor drugs.

This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

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