#### DUCT INFORMATION

	%RDA
12.5mg	16
15mg NĚ	94
5mg	35
60µg	3
5µg	20
1.25mg	9
25mg	
2.5mg	2
250µg	25
1.25mg	6
500mg	
	15mg NĚ 5mg 60µg 5µg 1.25mg 2.5mg 2.5mg 250µg 1.25mg

\*RDA = Recommended Daily Allowance

INGREDIENTS: Tyrosine, magnesium citrate, capsule: hydroxypropyl methylcellulose\*; niacin (as nicotinamide), vitamin C (as ascorbic acid), anti-caking agent: magnesium stearate\*; Terrous gluconate, bulking agent: natural Lithothamnion calcarea; zinc citrate, anti-caking agent: silicon dioxide; pyridoxine hydrochloride, folic acid, manganese citrate, copper gluconate, cyanocobalamin. "(vegetarian source)

**DOES NOT CONTAIN:** salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.





Charitable organisations policy: supplements regularly donated



## DRIVE!

# WITH B VITAMINS AND COPPER FOR ENERGY & VITALITY



### DRIVE!

### 90 capsules

QDR090

√Vitamins B6, B12 & C, niacin, folic acid and copper support normal energy-yielding metabolism.

✓ Vitamins B6 & B12, niacin and folic acid help reduce tiredness and fatigue.

√Zinc supports normal cognitive function.

DIRECTIONS: Take 1-2 capsules on rising in the morning, or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Not advisable if pregnant or in cases of melanoma, schizophrenia, high blood pressure or if taking MAO inhibitor drugs.



QDR-176-01

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com