

PRODUCT INFORMATION

One dinosaur-shaped tablet typically provides:

		%RDA*			%RDA*
Vitamin A (1200iu)	360µg RE	45	Pantothenic acid (vitamin B5)	4mg	67
Vitamin D2 (50iu)	1.25µg	25	Calcium	25mg	3
Vitamin E (10iu)	6.67mg α-TE	56	Iron	2mg	14
Vitamin C	80mg	100	Magnesium	22mg	5
Thiamin (vitamin B1)	3mg	273	Zinc	2mg	20
Riboflavin (vitamin B2)	4mg	286	Iodine (from Kelp)	60µg	40
Niacin (vitamin B3)	4mg NE	25	Selenium	5µg	9
Vitamin B6	3mg	214	Manganese	0.5mg	25
Folic acid	15µg	8	Chromium	5µg	12.5
Vitamin B12	2µg	80	Silicon	5mg	
Biotin	15µg	30			

*RDA = Recommended Daily Allowance (new 2009 values)

May not be suitable for people with a fish or crustacean allergy.

Contains Vitamin A. Do not take if pregnant or planning pregnancy. These tablets are not sweets. Ensure they are kept out of sight and reach of children. B vitamins may turn urine bright yellow - this is normal.

Suitable for vegetarians and vegans.

DOES NOT CONTAIN: sucrose, salt, wheat, gluten, yeast, lactose, dairy products, animal products, artificial preservatives, colours or flavourings.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE® DINOCHEWS

CHILDREN'S CHEWABLE

vitamin and
mineral formula
with natural flavours

30 tablets

VEGETARIAN

FOOD SUPPLEMENT

DINOCHEWS

children's vitamin and mineral formula
with sugar and sweetener
(sugar is fructose)

30 tablets

DCH030

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DIRECTIONS: Chew 3 tablets a day (children over 10 years); chew 2 tablets a day (children aged 7-9 years); chew 1 tablet a day (children aged 4-6 years), or crush and sprinkle on desserts. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

INGREDIENTS: Fructose, sweetener: sorbitol; raspberry, bulking agent: natural Lithothamnion calcareum; sodium ascorbate, magnesium oxide, apricot, blackcurrant juice, beetroot juice concentrate, ascorbic acid, thickener: carrageenan; d-alpha tocopherol acetate, anti-caking agent: magnesium stearate*; cranberry juice, riboflavin, niacinamide, thiamine mononitrate, pyridoxine HCl, ferrous fumarate, natural kelp, anti-caking agent: silicon dioxide; zinc d-trate, raspberry flavour, calcium d-pantothenate, silicon dioxide; blackcurrant flavour, vitamin A acetate*, cyanocobalamin*, manganese d-trate, d-biotin, l-selenomethionine, folic acid, ergocalciferol*, chromium picolinate. *(vegetarian source)

This bottle has a UV filter.

This product is not tested on animals.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



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