PRODUCT INFORMATION One capsule typically provides: %RDA* Vitamin A (833iu) 250µg RE Vitamin E (7.5iu) 5mg α-TE Vitamin C Riboflavin (vitamin B2) 143 30 Zinc Selenium 75µg 136 Zeaxanthin complex (5%) Lutein complex (5%) 30mg Bilberry standardised extract

INGREDIENTS: Bulking agent: tomato powder; capsule: hydroxypropyl methylcellulose*; vitamin C (as buffered calcium ascorbate), zeaxanthin complex, lutein complex (thickener: modified starch: zeaxanthin, antioxidant: sodium ascorbate; antioxidant; dl-alpha tocopherol) zinc gluconate, anti-caking agent: magnesium stearate*; bilberry std. ext. (25% UV colorimetric anthocyanidins), I-selenomethionine, anti-caking agent; silicon dioxide:

natural vitamin E (as d-alpha tocopheryl succinate). retinyl acetate (stabiliser: corn dextrin; anti-caking agent:

modified starch; antioxidant; dl-alpha tocopherol);

*RDA = Recommended Daily Allowance (new 2009 values)

riboflavin. *(vegetarian source) std. ext. = standardised extract DOES NOT CONTAIN: salt, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings

Suitable for vegetarians and vegans

(anthocyanidins 25%)

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE



90 capsules VEGETARIAN FOOD SUPPLEMENT

VISUALEYES

90 capsules

VIS090

✓ Vitamins A. B2 and Zinc contribute to maintenance of normal vision

DIRECTIONS: Take 1-2 capsules a day. with meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Lutein and Zeaxanthin are 'carotenoids'. natural substances found in dark green leafy vegetables. Lutein and Zeaxanthin are concentrated in the retina of the eve and particularly in the macula.

B vitamins may turn urine bright vellow - this is normal



VIS-132-10

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com