PRODUCT INFORMATION One capsule typically provides: %RDA* Vitamin A (833iu) 250µg RE Vitamin E (7.5iu) 5mg α-TE Vitamin C Riboflavin (vitamin B2) 3mg Selenium Zeaxanthin complex (5%) Lutein complex (5%) 30mg

(anthocyanidins 25%) *RDA = Recommended Daily Allowance (new 2009 values)

Bilberry standardised extract

INGREDIENTS: Bulking agent: tomato powder; capsule: hydroxypropyl methylcellulose *: vitamin C (as buffered calcium ascorbate), zeaxanthin complex, lutein complex (thickener; modified starch: zeaxanthin, antioxidant; sodium ascorbate antioxidant: dl-alpha tocopherol); zinc gluconate, anti-caking agent: magnesium stearate *: bilberry std. ext. (25% UV colorimetric anthocyanidins), I-selenomethionine, anti-caking agent: silicon dioxide; natural vitamin E (as d-alpha tocophery) succinate), retinyl acetate (stabiliser: corn dextrin; anti-caking agent; modified starch; antioxidant: dl-alpha tocopherol); riboflavin. *(vegetarian source) std. ext = standardised extract

DOES NOT CONTAIN: salt, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans. This product is not tested on animals.





Charitable organisations policy: supplements regularly donated

HIGHER NATURE



30 capsules VEGETARIAN FOOD SUPPLEMENT

VISUALEYES

30 capsules

√Vitamins A B2 and Zinc contribute to VIS030 maintenance of normal vision. DIRECTIONS: Take 1-2 capsules a day. with meals, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Lutein and Zeaxanthin are 'carotenoids' natural substances found in dark green leafy vegetables. Lutein and Zeaxanthin are concentrated in the retina of the eve and particularly in the macula. B vitamins may turn urine bright yellow - this is normal

This bottle has a UV filter Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

VIS-132-10

HIGHER NATURE Burwash Common East Sussex TN19 7LX LIK