

PRODUCT INFORMATION

Four capsules typically provide:		%RDA*
Vitamin E (30iu)	20mg α -TE	166
Vitamin B6 (pyridoxine HCl)	10mg	714
Folic acid	200 μ g	100
Vitamin B12	400 μ g	16,000
Tri-methylglycine	1200mg	
Arginine	480mg	
Carnitine	160mg	
Bromelain	60mg	
Co-enzyme Q10	30mg	

*RDA = Recommended Daily Allowance (new 2009 values)

INGREDIENTS: Betaine anhydrous, L-arginine HCl, capsule: hydroxypropyl methylcellulose (colour: red iron oxide; colour: titanium dioxide)*; L-carnitine L-tartrate, bulking agent: microcrystalline cellulose; bromelain (carrier: potato maltodextrin); co-enzyme Q10, d-alpha tocopheryl succinate, anti-caking agent: silicon dioxide; flow agent: magnesium stearate*; pyridoxine HCl, methylcobalamin, folic acid.
*(vegetarian source)

DOES NOT CONTAIN: sugar, salt, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®



CARDIO HEART NUTRIENTS

**vitamin, amino acid
& plant based nutrition
for healthy hearts**

**30 capsules
FOOD SUPPLEMENT**

CARDIO HEART NUTRIENTS 30 capsules

CAR030

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**vitamin, amino acid & plant based
nutrition for healthy hearts**

DIRECTIONS: Adults, take 2 capsules twice a day, 30 minutes before meals or 2 hours after meals or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Herpes Simplex (cold sores) sufferers are advised to consult a nutritionist before taking this product.

CARDIO supplies co-enzyme Q10, carnitine, Vitamin E, B vitamins, the amino acid arginine, plus bromelain and tri-methylglycine to support a healthy heart and circulation.

This bottle has a UV filter.
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



CAR-224-02



HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK
www.highernature.com