

#### PRODUCT INFORMATION

|  |                      |                               | %RDA*       |
|--|----------------------|-------------------------------|-------------|
| Vitamin E (104iu)  | 70mg                 | $\alpha$ -TE                  | 583         |
| Vitamin C  | 100mg                |                               | 125         |
| Thiamine (vitamin B1)                                    | 40mg                 |                               | 3636        |
| Riboflavin (vitamin B2)                                  | 40mg                 |                               | 2857        |
| Niacin (vitamin B3)                                      | 40mg NE              |                               | 250         |
| Vitamin B6 (as pyridoxal-5-phosphate and pyridoxine HCl) | 40mg<br>20mg<br>20mg |                               | 2857        |
|  |                      | Folic acid                    | 200 $\mu$ g |
|  |                      | Vitamin B12                   | 50 $\mu$ g  |
|  |                      | Pantothenic acid (vitamin B5) | 50mg        |
|  |                      | Zinc                          | 20mg        |
|  |                      | Choline                       | 500mg       |
|  |                      | N-Acetyl L-cysteine           | 300mg       |
|  |                      | Taurine                       | 200mg       |
|  |                      | Methionine                    | 250mg       |
|  |                      | Inositol                      | 20mg        |
|  |                      | Alpha lipoic acid             | 100mg       |
|  |                      | Glutamine                     | 100mg       |

\*RDA = Recommended Daily Allowance (new 2009 values)

Long term intakes of this amount of Vitamin B6 may lead to mild tingling and numbness.

**DOES NOT CONTAIN:** starch, wheat, gluten, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

For more information on the natural treatment of addiction and a range of other mental health disorders contact us on 01926 311912 or go to [www.smart-uk.com](http://www.smart-uk.com)



Charitable organisations policy: supplements regularly donated

# HIGHER NATURE®



#### LIVER SUPPORT

✓ Contains choline, which contributes to the maintenance of normal liver function.

**DIRECTIONS:** Adults take 2 tablets a day, with or between meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Tablet odour and marble appearance are due to the high potency of certain ingredients.

**INGREDIENTS:** Choline bitartrate, n-acetyl L-cysteine, L-methionine, L-taurine, cellulose, vitamin C (as ascorbic acid), alpha lipoic acid, L-glutamine, natural vitamin E (as d-alpha tocopheryl succinate), zinc citrate, calcium d-pantothenate, thiamin HCl, niacin (as nicotinamide), riboflavin, anti-caking agent: magnesium stearate\*; anti-caking agent: silicon dioxide; pyridoxal-5-phosphate, pyridoxine HCl, inositol, zein protein coating, folic acid (as pteroyl glutamic acid), methylcobalamin. \*(vegetarian source)

This bottle has a UV filter. Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

30 tablets

SUL030

108



5 031013104749

SUL-280-03

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK  
[www.highternature.com](http://www.highternature.com)