

PRODUCT INFORMATION

Four tablets typically provide:

		%RDA*
Vitamin E (149iu)	100mg α -TE	833
Cinnamon bark extract 30:1	33.4mg	
(equivalent to 1000mg cinnamon bark)		
Red yeast rice	200mg	
Plant sterols	1000mg	
(providing beta sitosterol, campesterol, stigmasterol, brassicasterol)		

*RDA = Recommended Daily Allowance (new 2009 value)

INGREDIENTS: Bulking agent: microcrystalline cellulose (silicon dioxide); plant sterols (from soya), bulking agent: microcrystalline cellulose; flow agent: magnesium stearate*; red yeast rice powder, natural vitamin E (as d-alpha tocopheryl succinate), anti-caking agent: silicon dioxide; hydroxypropyl methylcellulose coating (glycerine), cinnamon bark extract 30:1. *(vegetarian source)

DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated



HIGHER NATURE®

MAINTAINS
HEALTHY
CHOLESTEROL

RED STEROL COMPLEX

red yeast rice,
plant sterols,
cinnamon & vitamin E

90 capsules
VEGETARIAN
FOOD SUPPLEMENT

RED STEROL COMPLEX

90 tablets

RED090

111



RED-248-06

✓ A daily intake of at least 0.8g of plant sterols contributes to the maintenance of normal blood cholesterol levels.

DIRECTIONS: Adults take 2 tablets twice a day after meals for 12 weeks, then maintain at 2-3 tablets a day, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

The total dietary intake (from foods and supplements) of phytosterols should not exceed 3g a day.

May cause a temporary and harmless red colouring of the stool. Not to be taken by children, or if pregnant or breastfeeding.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK
www.highernature.com