

PRODUCT INFORMATION

One capsule typically provides:
Phospholipid Complex minimum 500mg
Containing:
Phosphatidyl Serine 100mg
plus
Phosphatidyl Choline,
Phosphatidyl Ethanolamine,
Phosphatidyl Inositol

INGREDIENTS: Phosphatidyl serine enriched soya lecithin; vegetarian capsule: hydroxypropyl methylcellulose; antioxidant: mixed tocopherols (natural vitamin E).

DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

PHOSPHATIDYL SERINE

**45 capsules
VEGETARIAN
FOOD SUPPLEMENT**

PHOSPHATIDYL SERINE 45 capsules

PSV045

105

DIRECTIONS: Take 1-3 capsules (children over 8 years, 1 capsule) a day preferably in the morning, with meals or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

PHOSPHATIDYL SERINE is a phospholipid found in all cells of the human body with higher concentrations in the brain cell membranes. Phospholipids make up around 60% of total brain lipid.

This product contains certified non GM Phosphatidyl Serine from non GM soya, grown from Identity Preserved (IP) seeds.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



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