PRODUCT INFORMATION One capsule typically provides: Oregano Oil (minimum 35% carvacrol, 27.5% thymol)

50mg

INGREDIENTS: Emulsifier: soya bean lecithin; vegetarian capsule: hydroxypropyl methylcellulose; oregano (Origanum vulgare) flower essential oil (minimum 35% carvacrol and 27.5% thymol).

DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®



30 capsules **VEGETARIAN FOOD SUPPLEMENT**

OREGANO OIL 50mg

✓ Oregano oil supports gut health, digestion and 000030 liver health

DIRECTIONS: Take 1 capsule 3 times a day (children 6-15 years, take 1 capsule a day), with meals, building gradually, or as your health professional advises. Do not exceed recommended daily intake

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Not advisable if pregnant, planning pregnancy,

breast-feeding, or in cases of colitis, gastritis, or stomach or intestinal ulcers

Oregano is a spicy cooking herb that is commonly used to flavour savoury dishes. It is a Mediterranean herb, first cultivated in ancient Greece thousands of years ago. Naturally contains carvacrol and thymol.

This bottle has a UV filter. Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



30 capsules

HIGHER NATURE Burwash Common East Sussex TN19 7LX LIK