

PRODUCT INFORMATION

One large tablet typically provides:	%RDA*
Vitamin C	1000mg 1250
Rosehips	50mg

One small tablet typically provides:
L-Lysine HCl 500mg

*RDA = Recommended Daily Allowance (new 2009 value)

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

INGREDIENTS: **Large tablet:** Vitamin C (as ascorbic acid), bulking agent: natural *Lithothamnion calcarea*; rosehips powder, coating: hydroxypropyl methylcellulose (glycerine*); anti-caking agent: stearic acid*; flow agent: magnesium stearate*; anti-caking agent: silicon dioxide. **Small tablet:** L-Lysine hydrochloride, bulking agent: natural *Lithothamnion calcarea*; bulking agent: cellulose; zein protein coating, flow agent: magnesium stearate*; anti-caking agent: silicon dioxide. *(vegetarian source)

DOES NOT CONTAIN: sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

LYSINE C

lysine and
vitamin C formula

60+60 tablets
VEGETARIAN
FOOD SUPPLEMENT

LYSINE C 60+60 tablets

lysine and vitamin C formula

LYC060
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DIRECTIONS: Take 1-2 of each type of tablet a day, before a meal, or more as your health professional advises. Do not exceed recommended daily intake. Professor Linus Pauling won Nobel Prizes for biochemistry and for peace, besides pioneering scientific studies of vitamin C. He originated the idea of combining vitamin C with the amino acid L-Lysine as a nutritional supplement. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Please note: Contains separate L-Lysine and Vitamin C tablets, to be taken together.



Vitamin C



L-Lysine

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK



LYS-048-01
RCI-079-05