

PRODUCT INFORMATION

One softgel capsule typically provides:

Eicosapentaenoic acid (EPA)	180mg
Docosahexaenoic acid (DHA)	120mg
Total Fish Oil	1000mg

INGREDIENTS: Omega 3 fish oil (antioxidant: natural mixed tocopherols); capsule shell: gelatine, glycerine, antioxidant: dl-alpha tocopheryl acetate.

DOES NOT CONTAIN: sugar, salt, starch, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

HIGHER NATURE®

FROM
SUSTAINABLE
SOURCES

OMEGA 3 FISH OIL

rich in EPA & DHA
1000mg

90 capsules
FOOD SUPPLEMENT

OMEGA 3 FISH OIL 1000mg 90 capsules

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FIS-033-06

DIRECTIONS: Take 1-3 capsules (children over 8 years, 1 capsule) a day, with meals, or as your health professional advises. Do not exceed recommended daily intake.

A daily multivitamin is also recommended. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

OMEGA 3 FISH OIL is a pure, unconcentrated, premier quality fish oil from sustainable sources, providing natural levels of the key omega 3 fatty acids, EPA and DHA, plus fish oil's other components, including carotenoids and tocopherols, which work synergistically together. EPA & DHA are important for a healthy heart and arteries, the brain, eyes and flexible joints. Every batch is scrupulously screened for PCBs and other pollutants to ensure the highest standard possible. You will not find a purer fish oil. Protected with tocopherols. This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



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