



AYURVEDIC HERBS
**Tranquil
Mind™**

Promotes Mental Calmness
and Well-being*



90 Tablets
Dietary Supplement

Certified Organic

SUGGESTED USE: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.

Supplement Facts

Serving Size: 1 tablet Servings Per Container: 90

Amount Per Tablet

Proprietary Blend	500mg**
Bhringaraj leaf (<i>Eclipta alba</i>) ⁺	
Skullcap herb (<i>Scutellaria lateriflora</i>) ⁺	
Passionflower herb (<i>Passiflora incarnata</i>) ⁺	
Guduchi stem (<i>Tinospora cordifolia</i>) ⁺	
Chamomile flower (<i>Matricaria recutita</i>) ⁺	
Brahmi leaf (<i>Centella asiatica</i>) ⁺	
Ashwagandha root (<i>Withania somnifera</i>) ⁺	
Vidari Kanda root (<i>Ipomoea digitata</i>) ⁺	
Fennel seed (<i>Foeniculum vulgare</i>) ⁺	
Pippali fruit (<i>Piper longum</i>) ⁺	

A blend of soothing herbs such as bhringaraj, skullcap and chamomile, Tranquil Mind is a restorative formula that calms excess vata in the body and mind, promoting a sense of calmness and well-being.*

Other ingredients from natural sources: organic maltodextrin, silicon dioxide. Free of gluten, soy and dairy. 100% vegetarian.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Keep out of reach of children. Do not use if seal is broken or missing.

⁺ Certified Organic

**Daily Value not established

Distributed by
Banyan Botanicals,
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Certified organic by
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of Agriculture



1-800-953-6424 www.banyanbotanicals.com

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