

This common spice is one of the best for supporting healthy digestion without provoking pitta. It kindles the digestive fire, eliminates natural toxins from the GI tract, and calms vata.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No. 626035-10  
Dietary Supplement



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**BANYAN**  
BOTANICALS™

AYURVEDIC HERBS

Organic  
**Cumin whl**



NET WT 2.74 oz (78g)

Sustainably Sourced

**Supplement Facts**

Serving Size: 1/2 tsp

Servings Per Container: about 72

**Amount Per Serving**

Cumin seed (Cuminum cyminum)<sup>+</sup> 1/2 tsp\*\*

<sup>+</sup> Certified Organically Grown

\*\*Daily Value Not Established

Certified organic by New Mexico Department of Agriculture

1-800-953-6424

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