

This common spice is one of the best for supporting healthy digestion without provoking pitta. It kindles the digestive fire, eliminates natural toxins from the GI tract, and calms vata.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No. 626035-10

Dietary Supplement



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**BANYAN**  
BOTANICALS™

AYURVEDIC HERBS

Organic

Cumin whl



NET WT 2.74 oz (78g)

Sustainably Sourced

## Supplement Facts

Serving Size:  $\frac{1}{2}$  tsp

Servings Per Container: about 72

## Amount Per Serving

Cumin seed (Cuminum cyminum)<sup>+</sup>  $\frac{1}{2}$  tsp\*\*

<sup>+</sup> Certified Organically Grown

\*\*Daily Value Not Established

Certified organic by New Mexico Department of Agriculture

1-800-953-6424

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