

This astringent herb, known for detoxifying and rejuvenating kapha, is traditionally used to support tissues where kapha tends to accumulate, including the lungs, colon, liver, and sinuses.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No. 684014-07

Dietary Supplement



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Sustainably Sourced

Supplement Facts

Serving Size: $\frac{1}{2}$ tsp

Servings Per Container: about 72

Amount Per Serving

Bibhitaki fruit (Terminalia belerica)⁺ $\frac{1}{2}$ tsp**

⁺ Certified Organically Grown

**Daily Value Not Established

Certified organic by New Mexico Department of Agriculture

1-800-953-6424

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