

BANYAN
BOTANICALS™

AYURVEDIC HERBS

Ashwagandha

Rejuvenative for Vata and Kapha that
Promotes Vitality and Strength*



90 Tablets
Dietary Supplement

Certified Organic

SUGGESTED USE: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner. Not for use by pregnant women.

Supplement Facts

Serving Size: 1 tablet Servings Per Container: 90

Amount Per Tablet

Ashwagandha root (<i>Withania somnifera</i>) ⁺	500mg ^{**}
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⁺Certified Organic

^{**}Daily Value not established

Ashwagandha supports healthy adrenals and assists the body in combating stress. It promotes energy and vitality throughout the day while calming the mind and promoting sound, restful sleep at night.*

Other ingredients from natural sources: organic maltodextrin, silicon dioxide. Free of gluten, soy and dairy. 100% vegetarian.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Keep out of reach of children. Do not use if seal is broken or missing.

Distributed by
Banyan Botanicals,
Albuquerque, NM 87113

Certified organic by
New Mexico Department
of Agriculture



1-800-953-6424

www.banyanbotanicals.com

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