

#### PRODUCT INFORMATION

|                                |        |       |
|--------------------------------|--------|-------|
| One tablet typically provides: |        | %RDA* |
| Vitamin C                      | 1000mg | 1250  |
| Rosehips                       | 50mg   |       |

\*RDA = Recommended Daily Allowance (new 2009 value)

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

**INGREDIENTS:** Vitamin C (as ascorbic acid), bulking agent: natural *Lithothamnion calcarea*; rosehips powder, coating: hydroxypropyl methylcellulose, glycerine\*; anti-caking agent: stearic acid\*; flow agent: magnesium stearate\*; anti-caking agent: silicon dioxide. \*(vegetarian source)

Glucose is used in the manufacture of the Vitamin C.

**DOES NOT CONTAIN:** sugar, salt, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

**Hypo-allergenic formula.**

**Suitable for vegetarians and vegans.**

**This product is not tested on animals.**

**Charitable organisations policy:** supplements regularly donated



# HIGHER NATURE®

TRIAL  
SIZE

## ROSEHIPS C 1000

vitamin C  
1000mg

3 tablets  
**VEGETARIAN  
FOOD SUPPLEMENT**

### ROSEHIPS C 1000

**vitamin C & rosehip supplement**

**3 tablets**

RC1003

101

**DIRECTIONS:** Take 1-3 tablets a day, with meals, or as your health professional advises. A daily multivitamin is also recommended. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

This bottle has a UV filter.

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.



RC1-079-05

**HIGHER NATURE** Burwash Common, East Sussex, TN19 7LX, UK