Take two (2) softgels a day preferably at mealtime or before bedtime.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured exclusively for:
EFL Nutritionals
405-708-6328 www.eflnutritionals.com





## **Supplement Facts**

Serving Size 2 softgels Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories (energy)		20
Calories from fat		20
Total Fat	2 grams	3%*
Omega-3 Fatty Acids	1500mg	**
EPA (eicodapentaenoic acid)	800mg	**
DHA (docosahexaenoic acid)	600mg	**
Other Omega-3 Fatty Acids	100mg	**

<sup>\*</sup>Percent Daily Value are based on a 2,000 calorie diet.

## Ingredients:

Omega-3 Fish Oil, Capsule (gelatin, glycerin, and purified water). Natural Lemon Flavor. Proprietary Antioxidant Blend (consisting of rosemary extract, ascorbyl palmitate and natural tocopherols.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING STORE IN A COOL, DRY PLACE.

<sup>\*\*</sup>Daily Value not established.