

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Calcium & Magnesium are essential for healthy bones, teeth and muscle function.* **Zinc** is essential for cellular reproduction, which is the process of growth and repair.* Advanced chelate forms are included for optimal absorption in the body.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Calcium, Magnesium & Zinc are carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.



PREMIUM

**Nature's
Way**

QUALITY

Calcium Mag & Zinc

MINERAL COMPLEX



**BONES &
MUSCLES***

250 Capsules / Certified Potency

DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recommendation: Take 3 capsules twice daily, preferably with food.

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 83

Amount Per Serving	% Daily Value	
Calcium (as Calcium carbonate/citrate/malate)	500 mg	50%
Magnesium (as Magnesium oxide/citrate/aspartate)	250 mg	63%
Zinc (as Zinc amino acid chelate)	15 mg	100%

†Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium stearate

Nature's Way® Calcium, Magnesium & Zinc contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, sugar, soy or corn.

Actual Capsule Size

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