

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Calcium Complex helps maintain normal bone density and development.* Synergistic key minerals and trace elements optimize absorption.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Calcium Complex is produced to superior quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

Nature's Way® Calcium Complex contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, soy, or sugar.

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*This statement has not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM  **QUALITY**

Calcium Complex

BONE FORMULA



ENHANCED ABSORPTION

100 Capsules / Calcium CCM

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules twice daily, preferably with food.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 33

Amount Per Serving	% Daily Value	
Total Carbohydrate	<1 g	<1%†
Vitamin D3 (as cholecalciferol)	100 IU	25%
Vitamin K (as phytonadione)	37.5 mcg	47%
Vitamin B6 (as pyridoxine HCl)	12.5 mg	625%
Folic Acid	100 mcg	25%
Calcium (as calcium carbonate/citrate/malate)	500 mg	50%
Magnesium (as magnesium oxide/aspartate)	250 mg	63%
Zinc (as zinc amino acid chelate)	5 mg	33%
Copper (as copper amino acid chelate)	500 mcg	25%
Manganese (as manganese aspartate)	2.5 mg	125%
Horsetail grass (stem) (aerial)	12.6 mg	**
Boron (as boron amino acid chelate)	1.5 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium stearate