

SUGGESTED USAGE: As a dietary supplement, take 1-2 capsules twice daily, or as directed by your healthcare practitioner.

HOW IT WORKS: L-Carnitine is a non-essential amino acid that is abundant in heart, muscle and liver tissues.* It helps to maintain metabolic health by facilitating the transfer of long-chain fatty acids across the mitochondrial membrane for cellular energy production.* In addition, it thereby assists the body in using fat for energy.* It naturally occurs in red meat and other animal source foods, but some people may have an increased need for dietary L-Carnitine due to high fat and vegetarian diets.* Clinical studies indicate that L-Carnitine may promote exercise performance and recovery.*

CAUTIONS/INTERACTIONS: Mild gastrointestinal symptoms have been reported at higher levels of intake. L-Carnitine may interact with anti-arrhythmic drugs, such as propafenone and mexiletine, as well as anticoagulant medications. If you are pregnant/lactating, are taking medications, or if you have a health condition, consult your healthcare practitioner before taking this product.

Do Not Eat Freshness Packet. Keep in Bottle.

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PROTOCOL
FOR LIFE BALANCE®

L-Carnitine

500 mg

- Transports Fatty Acids*
- Boosts Cellular Energy*

60 Veg Capsules

Carnipure™

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 30

Amount Per Serving

L-Carnitine (Carnipure™) (from L-Carnitine Tartrate)	1 g (1,000 mg)*
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* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.protocolforlife.com/P0072

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Carnipure™ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

