

Biotin is an essential nutrient to help restore radiant, healthy hair and skin while building strong nails.*
Vegetarian Formula.

RECOMMENDATIONS: Adults: One tablet daily.

If pregnant, nursing, or taking prescription drugs, consult your healthcare professional prior to use.

Contains no sugar, salt, yeast, wheat, gluten, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Biotin Forte®

Extra Strength—5 mg

Maintains healthy hair, skin, and nails*

Supports muscle tissue*

60 TABLETS

DIETARY SUPPLEMENT

HAIR AND SKIN HEALTH

Supplement Facts

Serving Size 1 tablet

Amount per tablet	%DV**	
Vitamin C (ascorbic acid)	100 mg	167%
Thiamin (as thiamin HCl) (vitamin B1)	10 mg	667%
Riboflavin (vitamin B2)	10 mg	588%
Niacin (as niacinamide)	40 mg	200%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	10 mcg	167%
Biotin	5 mg	1,667%
Pantothenic Acid (as calcium D-pantothenate)	10 mg	100%

**Daily Value (DV).

Other ingredients: cellulose, modified cellulose gum, modified cellulose, magnesium stearate, silicon dioxide, soy lecithin, and carnauba wax.