

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



B-Vitamins are essential to the conversion of cellular energy, manufacture of hormones and proteins, as well as maintenance of nerve structures.*

Questions? Call 1-800-9NATURE or visit naturesway.com. Our B-50 Complex is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children. **STORE IN A COOL, DRY PLACE.**

LN40511.100
(BLK8132)



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

**Nature's
Way**

QUALITY

B-50 Complex



**ENERGY &
NERVES***

100 Capsules / with B2 Coenzyme

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule daily, preferably with food.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Serving		% Daily Value
Thiamin (as Thiamin HCl)	50 mg	3333%
Riboflavin (as Riboflavin/Riboflavin 5-phosphate)	50 mg	2941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Inositol	50 mg	**
Choline (as Choline bitartrate)	25 mg	**

**Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium stearate, Cellulose

©2011 R/O Nature's Way Products, Inc.
Green Bay, WI 54311 USA

