Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.*



preferably with food.

is an important cofactor for blood sugar metabolism.*

Recommendation: Take 3 capsules twice daily.

Caution: Do not take this product on an empty stomach, or if you are pregnant or lactating. Individuals using hypoglycemic drugs should consult a healthcare professional before taking this product.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Blood Sugar formula is carefully tested and produced to superior quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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Blood Sugar



Supplement Facts

Serving Size 3 Capsules	Servings Per Container 30
Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g <1%1
Vitamin A (as beta carotene from mixed carotenoids)	1500 IU 30%
Chromium (as chromium polynic	otinate) 300 mcg 250%
Cinnamon (bark)	400 mg **
Gymnema Sylvestre extract 25% Gymnemic Acids (leaf)	250 mg **
Fenugreek extract (seed)	210 mg **
Nopal Opuntia spp. (leaf pad)	150 mg **
Bitter Melon (Momordica charantia) extract	150 mg **

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium

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Bilberry (leaf)



100 mg