

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Maca Extract (*Lepidium meyenii*) comes from a hearty root that grows in the high Andes mountains of South America. Native Peruvians traditionally used Maca for its **energy and stamina** effects.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Maca extract is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.



PREMIUM

**Nature's
Way**

EXTRACT

Maca

Standardized



DIETARY SUPPLEMENT

Recommendation: Take 1 capsule three times daily, preferably with food.

Caution: Consult a physician before taking this product if you are pregnant or nursing a baby.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving	% Daily Value
Maca extract (root), 0.6% glucosinolates	350 mg **
Maca (root)	100 mg **

****Daily Value not established.**

Other ingredients: Gelatin (capsule)

Did you know? Maca, a member of the radish family, has been a forgotten herb until recently. However, the indigenous people of Peru have used Maca for centuries for its nutritional and aphrodisiac qualities.

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