

Just add to a tasty drink,
shake and enjoy!



Orange Vitality

Serves 1-2

- 1 serving of Manitoba Harvest Hemp Pro 70*
- 2 cups of orange juice
- 1 scoop of greens powder (We like Amazing Grass®!)
- 1 cup of ice

Combine in shaker cup. Shake well. Serve. Enjoy!

***** Can also be stirred into *****
YOGURT or HOT CEREAL
and is **great for baking.**

For more recipes and info, go to manitobaharvest.com

Established in 1998, Manitoba Harvest® is the world's largest hemp food manufacturer to grow, make and sell its own line of hemp foods. As your hemp protein specialists, we are proud to offer a full line of delicious, convenient and easily digestible hemp protein powders. Packed with nutrients, each of our protein powders is rich in omegas and high in protein. Try one today!

REFRIGERATE AFTER OPENING

20 g PROTEIN* • 3.4 g OMEGA-3 & 6* • EASY MIXING

*per 30g serving



HEMP PRO70

PLANT BASED PROTEIN SUPPLEMENT

NET WT. 1LB (454g)

15 SERVINGS

Supplement Facts

Serving Size 4 tablespoons (30g)
Servings Per Container about 15

Amount Per Serving

Calories 140 Calories from Fat 40

% Daily Value*

Total Fat 4.5 g 7%

Saturated Fat 0.5 g 2%

Trans Fat 0 g †

Cholesterol 0 mg 0%

Sodium 30 mg 1%

Total Carbohydrate 4.5 g 2%

Dietary Fiber 0 g 0%

Sugars 2 g †

Protein 20 g

Calcium 4%

Iron 25%

Omega-3 (alpha-linolenic acid ALA) 800 mg †

Omega-6 (linolenic acid LA) 2600 mg †

Omega-9 (oleic acid OA) 600 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet
† Daily Value not established



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INGREDIENTS: HEMP PROTEIN
CONCENTRATE, NATURAL PLANT EXTRACTS

MANUFACTURED BY:
MANITOBA HARVEST HEMP FOODS
WINNIPEG, MANITOBA, CANADA, R2R 1V4
1-800-665-HEMP(4367)
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Packaged On:

Freshest Before: