

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Milk Thistle Extract (*Silybum marianum*) is standardized to **80% silymarin**, the key constituent that exerts a protective effect against substances potentially harmful to the liver.*

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Milk Thistle extract is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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(BLK8025)



PREMIUM

**Nature's
Way**

EXTRACT

Milk Thistle

Standardized



60 Capsules / 80% Silymarin

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule three times daily with food or water.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
Blessed Thistle (stem, leaf, flower)	180 mg **
Milk Thistle extract (seed), 80% silymarin	175 mg **

**Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose

Actual Capsule Size

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