

LOZENGE
SIZE

7

33739 03259

1



Caution: For adults only. May cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin. Consult physician if pregnant/nursing, taking medication (especially sedatives, immunosuppressants or anticoagulants), or have a medical condition (including diabetes, auto-immune conditions, depressive disorders, cardiovascular conditions and epilepsy). Keep out of reach of children.

CODE 3259 V3

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Melatonin is a potent free radical scavenger naturally produced in the pineal gland. It is involved in many of the regulatory processes of the body, including regulation of glandular secretory functions related to the maintenance of normal sleep/wake cycles and aspects of immune system function.*

SUGGESTED USAGE: As a dietary supplement, take 1 lozenge just prior to bedtime as needed. Chew lozenge or hold in mouth until dissolved.

Melatonin

HEALTHY SLEEP CYCLE

3 mg

- Chewable
- Fast Absorption*

180 Lozenges

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	3 mg	150%
Melatonin	3 mg	†

† Daily Value not established.

Other Ingredients: Fructose, Cellulose, Stearic Acid (vegetable source), Mannitol, Natural Peppermint Flavor, Sorbitol and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening.

Please Recycle.