Head Start Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 1

	Amount Per Dose	% Daily Value
Protein (Soy Isolate/Gel)	500 mg	1%
Riboflavin (as Riboflavin 5' Phosphate)	300 mg	17,647%
Potassium (as Potassium Chloride)	150 mg	4%
Head Start Proprietary Blend Containing: Creatine Monohydrate (Kyowa Hakko), Arginine (Ajinomoto), Citrulline (Ellhug rubrum), Rhodiola (Rhodiola rosea), Ginseng (Panax ginseng), Ginkgo (Ginkgo biloba), Ginkgo Elm (Ginkgo rubrum), Reishi (Ganoderma lucidum), Cordyceps (Cordyceps sinensis), Lion's Mane (Hericium erinaceus), Ginger (Zingiber officinale), Cayenne Blend 40,000 (Capsicum annuum), Gentiana	1,430 mg	†

† Daily Value not established
** Based on a 2000 Calorie Diet

Other Ingredients: Gelatin (Capsule), Vegetable Magnesium Stearate, Silicon Dioxide
Allergen(s): Contains Soy

Morning Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 10

	Amount Per Dose	% Daily Value
Riboflavin (as Riboflavin 5'Phosphate)	7 mg	418%
Vitamin B12 (as Cyanocobalamin)	60 mcg	1,000%
Morning Proprietary Blend Containing: Schisandra (berry extract), Ginseng (Panax ginseng root), Eucommia (leaf), Burdock (root), Astragalus (root), Ashwagandha (root), Licorice (root), Rhodiola (rosea), Dandelion (leaf), Dandelion (root), Ginkgo (Ginkgo biloba), Cordyceps (Cordyceps sinensis), Ganoderma (mycelium), Reishi (Ganoderma lucidum), Lion's Mane (Hericium erinaceus), Cascara Sagrada (bark extract), Senna (leaf), Senna (fruit extract), Cayenne (fruit extract), Ginger (Zingiber officinale), Cayenne Blend 50% (Capsicum annuum), Red Sage (Salvia miltiorrhiza), Gentiana (root), Turmeric (root), Dulcamara (stem), Red Root (Ceanothus americanus) (root)	3,031 mg	†

† Daily Value not established
** Based on a 2000 Calorie Diet

Other Ingredients: Gelatin (Capsule), Dicalcium Phosphate, Vegetable Magnesium Stearate, Silicon Dioxide
Allergen(s): None

Evening Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 10

	Amount Per Dose	% Daily Value
Evening Proprietary Blend Containing: Schisandra (berry extract), Ginseng (Panax ginseng root), Eucommia (leaf), Burdock (root), Astragalus (root), Ashwagandha (root), Licorice (root), Rhodiola (rosea), Dandelion (leaf), Dandelion (root), Ginkgo (Ginkgo biloba), Cordyceps (Cordyceps sinensis), Ganoderma (mycelium), Reishi (Ganoderma lucidum), Lion's Mane (Hericium erinaceus), Cascara Sagrada (bark extract), Senna (leaf), Senna (fruit extract), Cayenne (fruit extract), Turmeric (root), Gentiana (root)	2,910 mg	†

† Daily Value not established
** Based on a 2000 Calorie Diet

Other Ingredients: Gelatin (Capsule), Dicalcium Phosphate, Vegetable Magnesium Stearate, Silicon Dioxide
Allergen(s): None

Ice Caps Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 2

	Amount Per Dose	% Daily Value
Protein (Whey Isolate/Milk)	1,500 mg	6%
Riboflavin	150 mg	8,823%
Creatine monohydrate	300 mg	4%
Finishor Proprietary Blend Containing: Stevia (as leaf), Eri (root), Ginseng (Panax ginseng root), Ashwagandha (root), Rhodiola (rosea), European Goldenrod (flower), Ginkgo (Ginkgo biloba), Ginkgo Elm (Ginkgo rubrum), Lion's Mane (Hericium erinaceus), Cordyceps (Cordyceps sinensis), Reishi (Ganoderma lucidum), Cayenne Blend 50% (Capsicum annuum), Ginger (Zingiber officinale), Marjoram (Origanum majorana), Cayenne Blend 40,000 (Capsicum annuum), Cranberry (fruit) (Vac. 4:1 Vaccinium macrocarpon)	500 mg	†

† Daily Value not established
** Based on a 2000 Calorie Diet

Other Ingredients: Gelatin (Capsule), MCC, Vegetable Magnesium Stearate, Silicon Dioxide
Allergen(s): Contains Milk

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Always consult your physician before using any cleansing product.**

WARNING: Do not use if pregnant or breast feeding. Do not use if safety seal is missing or broken. Keep out of reach of children.

NOTICE: This product contains Cascara Sagrada Bark Extract. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara sagrada bark extract may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

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DIRECTIONS

Intended for people who weigh more than 200 pounds or who have extreme toxin levels.

Head Start - Take all 4 capsules of the Head Start Formula with 24oz of water before going to bed the the night before starting your 10 day program.

Morning Time - Take 6 capsules of the Morning Formula with 24oz of water at least 1 hour before eating your morning meal every day for 10 days.

Evening Time - Take 6 capsules of the Evening Formula with 24oz of water at least 1 hour after eating your evening meal every day for 10 days.

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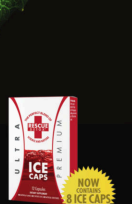
THE PERFECT BLEND OF
RESCUE DETOX®
SCIENCE AND NATURE

10 DAY DETOX

HEAD START FORMULA • 4 CAPSULES // MORNING FORMULA • 60 CAPSULES
EVENING FORMULA • 60 CAPSULES // ICE CAPS • 8 CAPSULES
DIETARY SUPPLEMENT



ABOUT US

We understand how important it is to cleanse your body of unwanted toxins and free radicals. We take our responsibility in helping you achieve this goal very seriously. Our cleansing program was engineered to safely and quickly remove unwanted toxins from your body and neutralize free radicals. We use the power of Science to unlock and discover Nature's strongest detoxifiers in order to assist you on your journey towards total body purity.

HELPFUL HINTS

In order to get the most out of this product, we make the following recommendations.

- Avoid exposure to unwanted toxins and toxic environments while following this cleansing program.
- Proper fluid intake is crucial while following this cleansing program. Water, 100% Cranberry Juice and Green Tea have been found to be the most effective types of fluid to consume in helping to remove unwanted toxins. Any of these fluids will help but its not necessary to intake all 3. Try and consume at least 100oz of liquid each day while following this cleansing program.
- Eat a healthy well balanced diet while on this cleansing program. Avoid eating greasy, fatty and fried foods(fast food). Soft drinks and artificially sweetened beverages should also be avoided if possible.
- Avoid tobacco and alcohol.