



Head Start Supplement Facts Morning Supplement Facts

ainer: 1		Servings Per Container: 5	
ount Per Dose	% Duity Value	Amount Per Dose	% Da Va
500 mg	1%	Riboflavin 7 mg as Riboflavin 5*Phosphatel	418
300 mg	17,647%	Wtamin B12 60 mog las Cvanocobelamini	1,00
150 mg 1,430 mg leath perly Elm leath scrip scri	4%	Marriag Proprietary Needs (2003 mg/Proprietary N	

Serving Size: 6 Capsules

vings Per Container: 5		Servings Per Container: 2		
Amount Per Dose	% Dailty Value	Amount Per Dose	% E	
ning 2,910 mg	†	Protein 1,500 mg (Whey Isolate/Milk)	65	
laining Strissndra (serry) sondra sphynanthysia.		Riboflavin 150 mg	8.83	
permint final (Mentha papertia), took roof: Arcturn lappa).		Creatine 300 mg	4	
ino jendi (Arcentes) real, Currollen feet festert, escum mongoloumi, Peel Poot escum mongoloumi, Peel Poot escum mongoloumi, Peel Poot escum services et et et intele jendi Charc, Calcum ounit, Colmanos Publica el Educt, Summer (vol) uma longu		Finisher Storag Stend St. Storag Proprietary Stend Confinence Dreen (se death Est. Start St. Sta		

Ice Caps Supplement Facts

ving Size: 4 Capsules

er Ingredients: Gristin Capsale, MCC, Vegetable presium Strande, Siscon Classice

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Always consult your physician before using any cleansing product.

WARNING: Do not use if pregnant or breast feeding. Do not use if safety seal is missing or broken. Keep out of reach of children. NOTICE: This product contains Cascara Sagrada Bark Extract. Read and follow directions carefully. Do not use if you have or

develop diarrhea, loose stools, or abdominal pain because cascara sagrada bark extract may worsen these conditions and be barmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, pursing, taking medication

DIRECTIONS

Intended for people who weigh less than 200 pounds or who have high toxin levels. People who weigh more than 200 pounds or who have extreme toxin levels should use our 10 Day Detox Kit

Head Start - Take all 4 capsules of the Head Start Formula with 24oz of water before going to bed the the night before starting your 5 day program. Morning Time - Take 6 capsules of the Morning Formula with 24oz of water at least 1 hour before

eating your morning meal every day for 5 days. Evening Time - Take 6 capsules of the Evening Formula with 24oz of water at least 1 hour after eating your evening meal every day for 5 days.



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5 DAY DETOX

HEAD START FORMULA + 4 CAPSULES // MORNING FORMULA + 30 CAPSULES

EVENING FORMULA + 30 CAPSULES // ICE CAPS + 8 CAPSULES

DIETARY SUPPLEMENT



unwanted toons and free radicals. We take our responsibility in flelping you achieve this goal very sensoid, Our cleansing approgram was engineered to safely and quickly remove unwanted toxins from your body and neutralize free radicals. We use the power of Science to unlock and discover Nature's strongest detoxifiers in order to assist you on your-journey. towards total body purity. **HELPFUL HINTS**

In order to get the most out of this product, we make the

following recommendations

- Avoid exposure to unwanted toxins and toxic environments while following this cleansing program.
- Proper fluid intake is crucial while following this cleansing program. Water, 100% Cranberry Juice and Green Tea have been found to be the most effective types of fluid to consume in helping to remove unwanted toxins. Any of these fluids will help but its not necessary to intake all 3. Try and consume at least 100oz of liquid each day while following this cleansing program.
- + Eat a healthy well balanced diet while on this cleansing program. Avoid eating greasy, fatty and fried foods/fast food). Soft drinks and artificially sweetened beverages should also be avoided if possible
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