

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Selenium is an essential component of glutathione, the body's most potent natural antioxidant system. Yeast-free selenomethionine is an advanced chelated form with superior absorption.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Selenium is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN41081.100
(BLK8115)



Selenium 200 mcg YEAST-FREE



**POTENT
ANTIOXIDANT**

100 Capsules / L-selenomethionine

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule daily, preferably with food.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Serving		% Daily Value
Selenium (as L-selenomethionine)	200 mcg	286%

Other ingredients: Cellulose, Gelatin (capsule).

Nature's Way® Selenium contains no preservatives, yeast, milk, lactose, wheat, sugar, soy or corn.



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Green Bay, WI 54311 USA

