

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.[®]*



Calcium is necessary for proper teeth/bone development and muscle function.* This formula contains a blend of citrate, malate and carbonate forms for optimal absorption and utilization within the body.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Calcium Citrate is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

**Nature's
Way**

QUALITY

Calcium Citrate

CARBONATE & MALATE



**BONES &
MUSCLES***

250 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules twice daily, preferably with food.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 125

Amount Per Serving		% Daily Value
Total Carbohydrate	1 g	<1%†
Calcium (as calcium citrate/calcium carbonate/calcium malate)	500 mg	50%

†Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Gelatin (capsule), Magnesium stearate, Cellulose, Silica

Nature's Way[®] Calcium Citrate contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, sugar, soy or corn.

Actual Capsule Size

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