

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Melatonin is formulated into an advanced delivery lozenge for rapid absorption. It contains no Vitamin B6, which can lead to nighttime restlessness when taken late in the day.

Warning: Do not drive or operate heavy equipment while taking this product. Intended for periodic use only. Do not take if pregnant, lactating or under 18 years of age.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Melatonin lozenges are tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.



Actual
Lozenge
Size

PREMIUM

**Nature's
Way**

QUALITY

Melatonin Lozenge

2.5 MG POTENCY



**FRUIT
FLAVOR**

100 Lozenges / Rapid Absorption

DIETARY SUPPLEMENT

Recommendation: Adults take one lozenge daily. For best results, take just before bedtime. When traveling, lozenges may be taken at the expected bedtime in the new time zone. Continue for several days after arrival and upon return home. Half of a lozenge may be sufficient for some people.

Supplement Facts

Serving Size 1 Lozenge

Servings Per Container 100

Amount Per Serving		% Daily Value
Melatonin	2.5 mg	**

****Daily Value not established.**

Other ingredients: Sorbitol, Magnesium stearate, Passion fruit flavor

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Springville, Utah 84663 USA

