

Directions: Mix one scoop (about 7.6 grams) with 6-8 ounces of water or your favorite cold beverage. For optimal use, take twice daily, once between meals and again immediately after your workout. For serious bodybuilders we recommend mixing two scoops.

Branched chain amino acids (BCAAs), which include leucine, isoleucine, and valine, comprise 35-40% of the essential amino acids in the body and are required for the maintenance of muscle during physical stress, such as exercise.* Supplementing with BCAAs helps to promote protein synthesis (muscle building) and spare muscle tissue from being broken down for energy during intense training.*

Ultimate Nutrition® Flavored BCAA 12,000 Powder contains a 2:1:1 ratio of leucine, isoleucine, and valine with each serving providing 6 grams of high-quality BCAAs in a convenient powder format. Taken on its own or combined with your favorite workout drink, Flavored BCAA 12,000 Powder mixes instantly for a delicious way to increase overall BCAA intake.

Distributed by:
Ultimate Nutrition, Inc.
P.O. Box 643
Farmington, CT 06034 USA
www.ultimatenutrition.com



ULTIMATE
NUTRITION®

PLATINUM SERIES

FLAVORED
BCAA
POWDER 12,000
BRANCHED CHAIN AMINO ACID FORMULA

6 Grams of BCAAs per Serving

2:1:1 Ratio

60 Servings

Daily

Pre

During

Post

Night

GRAPE

NATURALLY & ARTIFICIALLY FLAVORED

AMINO ACID
SUPPLEMENT

NET WT. 457 G (16.1 OZ)

Supplement Facts

Serving size: 1 scoop (about 7.6 grams)
Servings per container: 60

Amount per serving	% Daily Value*
Calories 5	
Carbohydrates <1 g	<1%
L-Leucine (USP) 3000 mg	†
L-Valine (USP) 1500 mg	†
L-Isoleucine (USP) 1500 mg	†

* Percent Daily Values are based on a 2000 calorie diet
† Daily Value not established

Other Ingredients: Citric Acid, Waxy Maize, Natural and Artificial Flavors, Grape Skin Extract (for color), Sucralose, and Acesulfame Potassium.

Warning: If you have a medical condition or are using a prescription medicine, consult a healthcare professional before using this or any dietary supplement. If you are a competitive athlete, check with your sports association before using this product. Do not use this product if you are pregnant or nursing. Not recommended for use by those under the age of 18.

- Do not use if seal is broken or missing
- Keep out of reach of children
- Protect from heat, light, and moisture
- Store in a cool, dry place; 15-30°C (59-86°F)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Security Hologram Foil Security Hologram Foil Security Hologram Foil Security Hologram Foil Security Hologram