

**Pure and Clinically Proven Effective!**

**OsteoCare®** is a clinically proven formula that helps maintain healthy bone structure. Constituents from several herbs help support healthy bones and normal hormone balance.\*

**NO wheat, corn, soy, yeast, dairy. Keep out of direct sunlight and away from children. Consult healthcare practitioner if pregnant or nursing.**

**Recommendation: Take 2 capsules twice daily with meals.**

**MANUFACTURED BY:**  
THE HIMALAYA DRUG COMPANY  
MAKALI, BANGALORE - 562 162  
(INDIA) MFG. LIC. NO. AUS-83  
Product of INDIA

**DISTRIBUTED BY:**  
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**Questions?** Please call  
1-800-869-4640 or visit  
[www.himalayausa.com](http://www.himalayausa.com)



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**Himalaya**  
HERBAL HEALTHCARE

**OsteoCare™**  
for Optimum Bone Support\*



**Supports Bone Density\***

**HERBAL SUPPLEMENT • 120 Vegetarian Capsules**

**Additive Free • Gluten Free**

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

### Amount Per Serving

Proprietary blend	900 mg*
Hen's Egg Shell calx	
Gypsum calx	
guggul (oleo-gum-resin)	
greater galangal (rhizome)	
Indian abutilon (aerial part)	
arjuna (bark)	
ashwagandha (root)	

\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose (Capsule)

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot No.: Exp. Date: