



Just add to a tasty drink,
shake and enjoy!



Supplement Facts

Serving Size 4 tablespoons (30g)
Servings Per Container about 30

Amount Per Serving	
Calories 140	Calories from Fat 40
% Daily Value*	
Total Fat 4.5 g	7%
Saturated Fat 0.5 g	2%
Trans Fat 0 g	†
Cholesterol 0 mg	0%
Sodium 30 mg	1%
Total Carbohydrate 4.5 g	2%
Dietary Fiber 0 g	0%
Sugars 2 g	†
Protein 20 g	
Calcium	4%
Iron	25%
Omega-3 (alpha-linolenic acid ALA) 800 mg	
†	
Omega-6 (linolenic acid LA) 2600 mg	†
Omega-9 (oleic acid OA) 600 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet
† Daily Value not established

INGREDIENTS: HEMP PROTEIN CONCENTRATE,
NATURAL PLANT EXTRACTS

MANUFACTURED BY:
MANITOBA HARVEST HEMP FOODS
WINNIPEG, MANITOBA, CANADA, R2R 1V4
1-800-665-HEMP(4267)
PRODUCT OF CANADA



REFRIGERATE
AFTER OPENING



Packaged On:

Freshest Before:

12.17.2012 USA

MANITOBABARVEST.COM



30 SERVINGS

NET WT. 2LBS (908g)

HEMP PRO 70[®]
PLANT BASED PROTEIN SUPPLEMENT



20 g PROTEIN* • 3.4 g OMEGA-3 & 6* • EASY MIXING

*per 30g serving