

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Choline & Inositol helps maintain cellular efficiency, proper nerve function and metabolism of fats and HDL (good) cholesterol.* This product contains crystalline inositol and choline bound to tartaric acid for superior absorption.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Choline & Inositol is carefully tested and produced to superior quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN40462-01
(BLK8354)



*This statement has not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

**Nature's
Way**

QUALITY

Choline & Inositol



**ENHANCED
ABSORPTION**

100 Capsules / 500 mg Potency

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value
Choline (as Choline bitartrate)	500 mg **
Inositol	500 mg **

**Daily Value not established.

Other ingredients: Gelatin (capsule),
Magnesium stearate, Cellulose

Nature's Way® Choline & Inositol contains no preservatives, yeast, milk, lactose, wheat, sugar or soy.

Actual Capsule Size

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