

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*

 **Buffered Vitamin C** is 100% natural from mineral ascorbates, which are less acidic and maintain excellent absorption.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Buffered Vitamin C is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrink-wrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

STORE IN A COOL, DRY PLACE

LN40320.101
(BLK8319)



PREMIUM

**Nature's
Way**

QUALITY

Buffered C-500

MINERAL ASCORBATES



**ANTI-
OXIDANT**

100 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule one to two times daily, preferably with food.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid/calcium ascorbate/ magnesium ascorbate)	500 mg	833%
Calcium (as calcium ascorbate)	4 mg	<1%
Magnesium (as magnesium ascorbate)	4 mg	1%

Other ingredients: Gelatin (capsule), Cellulose, Magnesium stearate

Nature's Way® Buffered Vitamin C-500 contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, sugar or soy.

Actual Capsule Size



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Green Bay, WI 54311 USA

