

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.<sup>®</sup>*



**Suma** (*Pfaffia paniculata*) is called "para todo" by native Brazilians, meaning "for all things," because of its ability to help normalize body functions. It contains pfaffosides and the natural organic form of germanium.

**Questions?** Call 1-800-9NATURE or visit [naturesway.com](http://naturesway.com). Our Suma root is carefully grown, tested and produced to certified quality standards.

**SATISFACTION GUARANTEED.** Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

(BLK8302A)  
LN17400.A02



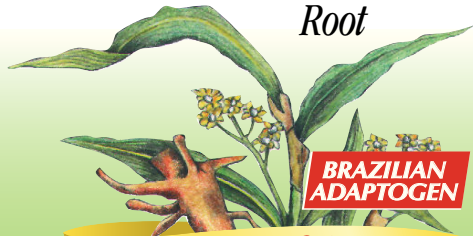
PREMIUM

**Nature's  
Way**

HERBAL

# Suma

## Root



**BRAZILIAN  
ADAPTOGEN**

100 capsules/ **Certified 500 mg**

DIETARY SUPPLEMENT

**Recommendation:** Take 3 capsules three times daily, preferably with food.

## Supplement Facts

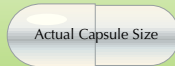
Serving Size 3 Capsules  
Servings Per Container 33

| Amount Per Serving | % Daily Value    |      |
|--------------------|------------------|------|
| Calories           | 5                |      |
| Total Carbohydrate | 1 g              | <1%† |
| Suma (root)        | 1.5 g (1,500 mg) | **   |

†Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium stearate



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