



Certified Organic Inulin

PREBIOTIC INTESTINAL SUPPORT

Pure Powder

- Stimulates Friendly Bacteria*
- Very Low Glycemic Index

Net Wt. 8 oz. (227 g)

A Dietary Supplement
Vegetarian/Vegan



SUGGESTED USAGE: As a dietary supplement, take 1 level teaspoon 1 to 3 times daily. Mix into your favorite beverage or food. Begin with 1 teaspoon a day and slowly increase dosage to limit GI discomfort. NOW® Organic Inulin is a fructooligosaccharide that acts as a prebiotic, stimulating the growth of friendly and healthy intestinal bacteria, which supports good colon health.* Since it also has a very low glycemic index, it is suitable for many people who are on restricted diets. Add it to your favorite beverage or food.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. May cause mild transient GI discomfort. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet Enclosed.



CODE 2944B V6

Supplement Facts

Serving Size 1 Level Teaspoon (2.8 g)
Servings Per Container about 81

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2.7 g	1%*
Dietary Fiber	2.5 g	10%*
Organic Inulin (FOS)	2.8 g	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: None.

NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowfoods.com

Certified Organic by Quality Assurance International.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.