

Health & longevity through the
healing power of nature—that's what
it means to Trust the Leaf.®



St. John's Wort (*Hypericum perforatum*) promotes a positive mood.* It is native to Europe, North Africa, and western Asia.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our St. John's Wort is carefully harvested in the wild, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing.

Actual Capsule Size



*These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

Nature's
Way

HERBAL

St. John's Wort

Herb



POSITIVE
MOOD*

100 Capsules / Certified 350 mg

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules twice daily, preferably with food. For maximum benefit use for at least two months.

Caution: Do not use this product while taking any prescription drug without the advice of your prescribing physician. Avoid excessive exposure to UV radiation (e.g., sunlight, tanning) when using this product. Not recommended for use by pregnant or lactating women. Keep out of reach of children.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 50

Amount Per Serving		% Daily Value
Total Carbohydrate	1 g	<1%†
St. John's Wort (stem, leaf, flower)	700 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose

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